

HORARIO *SEMANAL*

PILATES MATWORK ROOM

HORA	LUN	MAR	MIE	JUE	VIE
8:00 - 8:50	PILATES MAT	YOGA	PILATES MAT	YOGA	PILATES MAT
9:00 - 9:50	YOGA	PILATES MAT	YOGA	PILATES MAT	YOGA
10:00 - 10:50	PILATES MAT	YOGA	PILATES MAT	YOGA	PILATES MAT
11:00 - 11:50	YOGA	PILATES MAT	YOGA	PILATES MAT	YOGA

DESCANSO

17:00 - 17:50	YOGA	PILATES MAT	YOGA	PILATES MAT	YOGA
18:00 - 18:50	PILATES MAT	YOGA	PILATES MAT	YOGA	PILATES MAT
19:00 - 19:50	YOGA	PILATES MAT	YOGA	PILATES MAT	YOGA
20:00 - 20:50	PILATES MAT	YOGA	PILATES MAT	YOGA	PILATES MAT

HORARIO *SEMANAL*

PILATES REFORMER ROOM

HORA	LUN	MAR	MIE	JUE	VIE
8:00 - 8:50	PILATES REFORMER	PILATES REFORMER	PILATES REFORMER	PILATES REFORMER	PILATES REFORMER
9:00 - 9:50	PILATES REFORMER	PILATES REFORMER	PILATES REFORMER	PILATES REFORMER	PILATES REFORMER
10:00 - 10:50	PILATES REFORMER	PILATES REFORMER	PILATES REFORMER	PILATES REFORMER	PILATES REFORMER
11:00 - 11:50	PILATES REFORMER	PILATES REFORMER	PILATES REFORMER	PILATES REFORMER	PILATES REFORMER

DESCANSO

17:00 - 17:50	PILATES REFORMER	PILATES REFORMER	PILATES REFORMER	PILATES REFORMER	PILATES REFORMER
18:00 - 18:50	PILATES REFORMER	PILATES REFORMER	PILATES REFORMER	PILATES REFORMER	PILATES REFORMER
19:00 - 19:50	PILATES REFORMER	PILATES REFORMER	PILATES REFORMER	PILATES REFORMER	PILATES REFORMER
20:00 - 20:50	PILATES REFORMER	PILATES REFORMER	PILATES REFORMER	PILATES REFORMER	PILATES REFORMER

